

प्रणामः

Praṇāmah

Bowing Down with Devotion

ॐ दुर्गा शिवां शान्तिकरीं ब्रह्मणीं ब्रह्मणः प्रियाम् ।
सर्वलोक प्रणेत्रीञ्च प्रणमामि सदा शिवाम् ॥

om̐ durgāṃ śivāṃ śānti karīṃ brahmāṇīṃ brahmaṇaḥ
priyām ।

sarva loka praṇetrīṇca praṇamāmi sadā śivām ॥

The Reliever of Difficulties, Exposer of Goodness, Cause of Peace, Infinite Consciousness, Beloved by Knowers of Consciousness; She who Motivates and Guides the three worlds, always I bow to Her, and I am bowing to Goodness Herself.

मङ्गलां शोभनां शुद्धां निष्कलां परमां कलाम् ।

विश्वेश्वरीं विश्वमातां चण्डिकां प्रणमाम्यहम् ॥

maṅgalāṃ śobhanāṃ śuddhāṃ niṣkalāṃ paramāṃ kalām ।
viśveśvarīṃ viśva mātāṃ caṇḍikāṃ praṇamāmyaham ॥

Welfare, Radiant Beauty, Completely Pure, without limitations, the Ultimate Limitation, the Lord of the Universe, the Mother of the Universe, to you Chaṇḍī, to the Energy which Tears Apart Thought, I bow in submission.

सर्वदेवमयीं देवीं सर्वरोगभयापहाम् ।

ब्रह्मेशविष्णुनमितां प्रणमामि सदा शिवाम् ॥

sarva deva mayīṃ devīṃ sarva roga bhayāpahām ।

brahmeśa viṣṇu namitāṃ praṇamāmi sadā śivām ॥

She is composed of all the Gods, removes all sickness and fear, Brahmā, Maheśvara and Viṣṇu bow down to Her, and I always bow down to the Energy of Infinite Goodness.

विन्ध्यस्थां विन्ध्यनिलयां दिव्यस्थाननिवासिनीम् ।

योगिनीं योगजननीं चण्डिकां प्रणमाम्यहम् ॥

vindhyasthāṃ vindhya nilayāṃ divyasthāna nivāsinīm ।

yoginīm yoga janānīm caṇḍikāṃ praṇamāmyaham ॥

The dwelling place of Knowledge, residing in Knowledge, Resident in the place of Divine Illumination, the Cause of Union, the Knower of Union, to the Energy Which Tears Apart Thought we constantly bow.

ईशानमातरं देवीमीश्वरीमीश्वरप्रियाम् ।

प्रणतोऽस्मि सदा दुर्गा संसारार्णवतारिणीम् ॥

īśānamātaraṃ devīm īśvarīm īśvarapriyām ।

praṇato-smi sadā durgāṃ saṃsārāṇava tāriṇīm ॥

The Mother of the Supreme Consciousness, the Goddess Who is the Supreme Consciousness, beloved by the Supreme Consciousness, we always bow to Durgā, the Reliever of Difficulties, who takes aspirants across the difficult sea of objects and their relationships.